

OnWebDuals Consortium: Spreading in ALS

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Introduction

We analyzed disease spread in a large consecutive group of ALS patients, recruited in 5 centers (Antalya, Hannover, Jena, Lisbon and Warsaw) and evaluated according to a common protocol. We provide a structured analysis of disease spread by anatomical region and by predominant upper (UMN) versus lower motor neuron (LMN) manifestations.

Methods

1163 patients with ALS and progressive muscular atrophy were included. We considered the following regions of onset, as defined by the functional deficit [Cognition (FTD); Bulbar; Cervical; Lumbo-sacral and Thoracic/Respiratory]. Patients with two simultaneous regions of onset or a generalized presentation were also evaluated. Patients were categorized by predominant UMN vs LMN involvement. We evaluated second and third region of involvement, as well as the time interval.

Results

The patients presented with the following regions of onset: FTD (n=13); Bulbar (total n=29: predominant UMN n=111 vs LMN, n=137); Cervical (total, n=385: right n=199 versus left arm onset n=138); Lumbosacral (total, n=407: predominant UMN, n=72 vs LMN, n=311); and Thoracic (n=27). 30 patients presented with two simultaneous onset regions and 9 patients had generalized presentation (> 2 regions). Patients with Bulbar-onset progressed preferentially to Cervical (50%) and then to the Lumbosacral region. The latter was not affected by the predominant UMN vs LMN profile, but FTD occurred early more frequently in UMN group. Patients with Cervical-onset progressed preferentially to Lumbosacral (55%) and then to Bulbar region, regardless of side of onset. Patients with Lumbosacral-onset progressed preferentially to Cervical (65%) independently of predominant UMN vs LMN profile. Patients with FTD-onset progressed preferentially to Bulbar region (70%) and then to Cervical region.

Discussion

In our study, disease spread seemed more determined by motor neuronal proximity in spinal cord-brain stem than by UMN dysfunction. There was an association between FTD and UMN bulbar involvement.